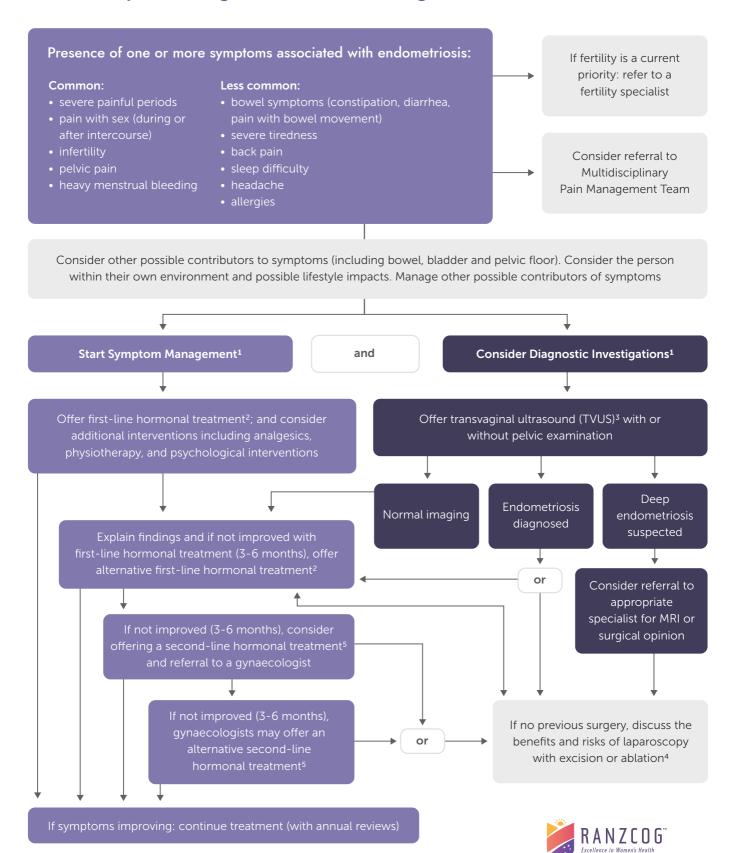
Summary of Diagnosis and Management of Endometriosis



- 1. At presentation with symptoms suggesting endometriosis, treatment and diagnosis may begin at the first consultation
- 2. Offer hormonal treatment according to patient preferences (including adolescents). First line treatments are combined
- contraceptives and progestogens (oral, injection, implant or IUD)
- 3. TVUS is the preferred option as first-line investigation, if not possible or appropriate due to age or sexual history, then a transabdominal ultrasound could be suggested. If any clinical concern, an additional specialist ultrasound may be required and should be performed and/or interpreted by a healthcare professional with specialist expertise in gynaecological imaging
- 4. In adolescents, laparoscopy should be discussed with a gynecologist with expertise in young people
- 5. Second line hormonal treatment include gonadotropin-releasing hormone (GnRH) agonists and antagonists, and should be offered on specialist recommendation