

# Resources for employers and employees In New Zealand

**Employment New Zealand**, a public sector body, provides practical employment information to employers and employees. They can be contacted via their website [employment.govt.nz/about/email-us/](https://www.employment.govt.nz/about/email-us/) or by freephone on 0800 20 90 20 (or +64 9 969 2950 if outside New Zealand)

**Employment New Zealand** provide resources on a range of employment topics including:

**Starting employment:** including trial periods and types of employment agreements, <https://www.employment.govt.nz/starting-employment/>

**Hours and wages:** <https://www.employment.govt.nz/hours-and-wages/>

**Resolving problems between employers and employees:** <https://www.employment.govt.nz/resolving-problems/>

**Workplace policies:** including employee performance, and health and safety <https://www.employment.govt.nz/workplace-policies/>

**Unions and bargaining:** <https://www.employment.govt.nz/starting-employment/unions-and-bargaining/>

**Free mediation services:** for employers and employees, including:

**Early Resolution Service** <https://www.employment.govt.nz/resolving-problems/steps-to-resolve/early-resolution/>

**Employment Mediation Service** <https://www.employment.govt.nz/resolving-problems/steps-to-resolve/mediation/>

## **Legal help and other avenues to resolving an issue at work**

The New Zealand Government provides information on ways to resolve a workplace issue <https://www.govt.nz/browse/work/workers-rights/when-you-have-a-problem-at-work/>

This includes accessing free legal advice through [community law centres](#) where eligible.